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THIS BOOK CONTAINS

**Medical and
Miscellaneous
RECIPES**

BEING COMPILED FROM THE BEST RECIPES
TO BE HAD.

In order to place the same within
the reach of everyone I have put it
at a very low price, namely

ONE PENNY EACH



Compiled by and to be had only from
D. SLATER, 117, Handsworth Rd.,
BLACKPOOL.

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*'A useful book shall live from age to age
That those yet unborn may read the printed page.'*

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AND MISCELLANEOUS
RECIPES

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117, HANDSWORTH ROAD, BLACKPOOL.



22503108400

**EVERY RECIPE IN THIS BOOK CAN BE
THOROUGHLY RELIED UPON.**

IN taking a Recipe to be made split it in half, taking one half to one Chemist and the other half to another, as when it is taken all to one they know what it is intended for, and charge more accordingly, it being more in their way to sell you a bottle already made up for about 2s. 6d., than sell you Chemicals to perhaps make up the same at a cost of from 6d. to 1s. 6d.



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OWBRIDGE'S LUNG TONIC.

Rx.	(Approx Analysis.)
Oil of Peppermint	10 drops
Oil of Aniseed.....	20 drops
Liquid Extract—Liquorice	3 ozs.
Liquid Extract—Horehound	$\frac{1}{2}$ oz.
Tincture of Senega.....	$\frac{1}{2}$ oz.
Spirit of Chloroform	2 ozs.
Paregoric Elixer	2 ozs.
Syrup of Squills.....	3 ozs.
Treacle (by weight).....	5 ozs.
Syrup of Tolu	2 ozs.

Mix the tincture and paregoric with the spirit of chloroform, and in the resulting liquids dissolve the oils. To above add the liquid extracts and shake well. Heat the treacle with 2 ozs. water, add the syrup of squills and tolu, and gradually incorporate with the other mixtures. Finally add sufficient water to make the whole measure one pint.

Dose.—One teaspoonful three or four times a day, in cold water, or at bedtime in warm water.

HOLLOWAY'S OINTMENT.

Rx.	(Approx Analysis.)
Butter	12 ounces
Beeswax.....	4 „
Yellow Resin.....	3 „
Vinegar of Cantharides.....	1 „
Canada Balsam.....	1 „
Oil of Mace.....	$\frac{1}{2}$ drachm
Balsam of Peru	15 drops

Melt the first three ingredient in a water bath by the aid of heat, add the Vinegar of Cantharides, evaporate, then odd the other ingredients.

CLARK'S BLOOD MIXTURE.

Rx.	(Approx Formula.)
Iodide of Potassium	64 grains
Spirit of Chloroform	4 drachms
Solution of Potash (B.P.).....	30 drops
Water (coloured by burnt sugar)	7½ ozs.
Mix altogether.	

Dose.—One tablespoonful three times a day.

ST. JACOB'S OIL.

Rx.	(Approx Formula.)
Gum Camphor.....	1 oz.
Chloral Hydrate.....	1 „
Chloroform	1 „
Sulph. Ether	1 „
Tincture of Opium.....	½ „
Oil of Origanum.....	½ „
Oil of Sassafras	½ „
Alcohol.....	½ gal.
Mix altogether.	

WARNER'S SAFE CURE.

Rx.	(Approx Formula.)
Liverwort.....	1 oz.
Saltpetre.....	320 grains
Spirit of Wine.....	2 ozs.
Glycerine	1½ ozs.
Essence of Wintergreen	40 drops
Water	16 ozs.

Boil the Liverwort with a little of the water in an iron saucepan, over a slow fire for 15 minutes,

strain, and again boil the Liverwort for 15 minutes with more water, after which strain through muslin, and to the strained liquor (while hot) add the Saltpetre, stir till dissolved, and when the mixture has been allowed to cool a little, add to it the other ingredients, finally add sufficient water to make the whole measure 16 fluid ounces.

Dose.—One Tablespoonful 3 or 4 times a day.

DR. WHITE'S COMPOSITION ESSENCE.

(KOMPO.)

Rx. (Approx Formula.)

Bayberry Bark.....	1 oz.
Hemlock	$\frac{1}{2}$ „
Jamaica Ginger.....	$\frac{1}{2}$ „
Cloves.....	1 drachm
Cayenne	1 „
Benzoic Acid	$\frac{1}{2}$ „
Rectified Spirits.....	6 oz.

Bruise the dry ingredients and steep in the spirit for 7 days, shaking very frequently ; strain, press, and filter.

Dose.—Two teaspoonfuls in a cup of sweetened hot water, or gruel, at bedtime, or when required.

MALT AND COD LIVER OIL EMULSION.

Rx.

Cold Liver Oil	4 ozs.
Powd. Gum Acacia	1 oz.
Oil of Cassia.....	4 drops
Oil of Almonds.....	4 drops
Saccharin.....	2 grains
Malt Extract.....	1 oz.
Water (to make)	10 ozs.

Mix the oils with the Gum and Saccharin in a dry mortar, add 2 ozs. water in one volume, stirring till the Emulsion is formed, add the Extract, stir well, then add water to make up ten ozs.

HALL'S COCA WINE.

Rx.

Coca Leaves.....	3 ozs.
Brandy.....	1½ „
Sherry	24 „
Tokay Wine.....	6 „

Let it stand about a week, press and to liquor add—

Citric Acid	8 grains
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Set aside for a few days more and filter.

MOTHER SEIGEL'S SYRUP.

Rx. (Approx Formula.)

Concentrated Decoction of Aloes (1 to 4)	$\frac{1}{4}$ oz.
Powdered Borax.....	7 grains
„ Genetian.....	14 grains
„ Capsicums	1 grain
Fluid Extract of Liquorice	1 drachm
Treacle—enough to make.....	2 ozs. in all

PEPPER'S QUININE AND IRON TONIC.

Sulphate of Quinine.....	3 drachms
Nuriate of Cinchonine.....	3 drachms
Solution of Ferric Chloride	$\frac{3}{4}$ ozs.
Chloride Ether	$\frac{1}{2}$ „
Pure Glycerine	1 „
Simple Syrup.....	1 „
Cinnamon Water to complete	32 „

Dissolve the solution ferric chloride with 8 ozs. cinnamon water, dissolve the quinine and cinchonine in above, and add the other ingredients. Finally add cinnamon water till the whole measures 32 fluid ozs., then set aside for 12 hours and filter.

RHEUMATIC, &c., LINIMENT.

Olive Oil.....	1½ ozs.		
Ammonia.....	1 oz.	Mixed	before
Water	½ oz.	adding	to all
Camphor.....	144	grains	
Formyl.....	144	drops	
Tincture of Cayenne.....	92	drops	
Turpentine (sufficient to make).....	4	ozs.	
Mix.			

To be well and frequently applied, and rubbed in the affected parts.

VALUABLE REMEDY FOR BRONCHITIS.

Tannin.....	3	grains
Extract Belladonna.....	$\frac{3}{4}$	„
Extract Conium.....	2½	„
Infusion of Senna.....	3	ounces
Fennell Water.....	1½	„
Syrup of Marshmallow.....	1½	„

Mix altogether.

Dose.—One tablespoonful every 2 hours.

INDIGESTION.

Tincture of Gentian.....	1	ounce
Sal Volatile	½	„
Chloric Ether	$\frac{1}{4}$	„
Peppermint Water (to make)	8	„

Dose.—One tablespoonful three times a day.

TAPE WORMS IN ADULTS.

Take one drachm Oil of Male Fern, mixed with one and a half ounces of Mucilage of Gum Arabic. To be taken in the morning fasting, and one ounce of Castor Oil to be taken two hours afterwards.

REMEDIES FOR CHILDREN'S AILMENTS.

To make a SOOTHING SYRUP for a Child devoid of poison.

Bromide of Ammonia.....	$\frac{1}{2}$ drachm
Syrup of Rhubarb	$\frac{1}{2}$ oz.
Essence of Aniseed	10 drops
Simple Syrup	$\frac{1}{2}$ oz.
Dill Seed Water.....	$1\frac{1}{2}$ ozs.

This is a splendid remedy.

FOR THRUSH IN CHILDREN.

There is no preparation manufactured to excel this: Glycerine of Borax, used freely on the tongue three times a day.

PERSONS SUFERING FROM FITS.

Bromide of Potass	1 drachm
Compound Tincture of Cardamons ...	2 drachms
Camphor Mixture	6 ounces

Adults.—Two tablespoonsful twice a day.
The above Prescription is unsurpassable.

EMBROGATION FOR ATHLETES.

Grude Pyroligneous Acid.....	10	ounces
Methylated Spirits.....	12	„
Water.....	12	„
Turpentine.....	1 $\frac{3}{4}$	„

Add one egg.

Anyone can make pounds by selling it to Athletes
and Horse Owners.

INDIAN BRANDY.

Golden Syrup	2	pounds
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Mix with 8 ounces of Boiling Water, when cold
add 8 ounces of Sweet Spirit of Nitre, $\frac{1}{4}$ ounce of
Tincture of Cayenne, and 4 ounces of Syrup of
Rhoedus ; then mix and shake up, and in an hour

you will have a splendid clear preparation.

As is well known nearly every internal pain succumbs to it. Its action is truly instantaneous. Can be given to either young or old.

Dose.—For an Adult one or two tablespoonsful, for Children one or two tablespoonsful in water.

WEAKNESS AND NERVOUSNESS.

Disulphate of Quinine.....	15 grains
Dilute Sulphuric Acid.....	1 drachm
Tincture of Ginger.....	2 drachms
Infusion of Rosemary Leaves	8 ounces

Dose.—One tablespoonful three times a day.

DEAFNESS.

Ether.....	2 drachms
Almond Oil.....	2 drachms

Mix. A few drops in the ear once a day, to be used carefully. It is a remedy much used by eminent medical scientists.

(OINTMENT (for Wounds and Sores.)

Corrosive Sublimate.....	4 grains
Prussic Acid	1 drop
Nitrate of Mercury	1 drachm
Lard	1 ounce.

Mix.

To be applied to the affected parts.

LINIMENT FOR SORE THROATS AND QUINSY.

Turpentine	1 ounce
Strong Liquid Ammonia.....	1 „
Olive Oil.....	1 „

Mix altogether, and apply with a flannel on the throat.

RHEUMATISM AND SCIATICA.

Iodide of Potass.....	$\frac{1}{2}$ drachm
Salicylate of Soda	2 drachms
Extract—Cascara Sagrada Liquid.....	2 drachms
Chloroform Water	3 ounces
Water (to make up to)	8 ounces

Dose.—One tablespoonful three times a day.

CONSUMPTION, Etc.

Hypophosphite of Lime	40 grains
Hypophosphite of Soda	40 grains
Distilled Water	$\frac{1}{2}$ ounce

Dissolve and add—

Spirit of Chloroform.....	2 drachms
Oil of Cassia.....	6 drops
Powdered Gum Tragacanth.....	25 grains
Cod Liver Oil	4 ounces
Syrup	1 ounce
Water (to make up to)	8 ounces

Dose.—Adults, Two or more teaspoonsful after meals. Children one or two teaspoonsful.

**ADMIRAL GASCOINE'S CELEBRATED
TINCTURE.**

A better preparation than the following, for Pains, etc., in the Stomach and Bowels, it is believed, does not exist.

Take $\frac{1}{2}$ ounce of Powdered Rhubarb, Myrrh, Cochineal, and Hierapicra, and put them into a bottle with one quart of the best Double Distilled Aniseed Water. When the Mixture has stood six days it will be ready for use.

Dose.—A small wineglassful two or three times a day

QUININE AND IRON TONIC.

This makes a first-class bottle of Quinine and Iron Tonic, is known all over the civilised world. There is more Quinine and Iron used than any other tonic.

The following cannot be beaten :

Citrate of Iron and Quinine	$\frac{1}{2}$ drachm
Citrate of Iron	$\frac{1}{2}$ drachm

Mix with 8 ounces of water, and add $\frac{1}{2}$ ounce of Spirit of Chloroform, shake bottle, and it is ready.

Dose.—Adults, one tablespoonful three times a day. Children half the quantity.

OUTWARD PILES (LINIMENT).

Alum	$\frac{1}{2}$ drachm
Laudanum	$\frac{1}{2}$ drachm
Simple Ointment	1 ounce

Mix.

For external use only, to be slightly used night and morning.

FOR NEURALGIA.

This prescription was purchased by a Lancashire Gentleman from a London Physician, who paid Ten Guineas for it.

Tincture of Gelsemmum.

Dose.—For Adults—Males, 15 drops. Females 12 drops. Taken in a teaspoonful of milk.

DIGESTIVE SYRUP.

Powdered Borax.....	20	grains
Powdered Genetian	20	grains
Oil of Wintergreen.....	4	grains
Oil of Sassafras.....	10	grains
Spirit of Wine	2	drachms
Liquor Taraxacl.....	2	drachms
Concentrated Decoction of Aloes.....	2	ounces
Black Treacle	4	ounces
Powdered Cayenne Pepper	2	grains

Take from 15 to 20 drops before food.

This is one of the most advertised preparations
in the world.

**STRENGTHENING MEDICINE FOR
DELICATE GIRLS.**

Carbonate Of Ammonia.....	1½	drachms
Citrate of Iron and Ammonia	1½	drachms
Water (to make)	8	ounces

Dose.—One tablespoonful 3 times daily after meals.

RINGWORM.

For Adults, a teaspoonful of golden seal twice a day in half a teacupful of warm water. For Children, small quantities in warm water, sweetened.

This will cure ringworm on any part of the body. Rub part affected with tincture of blood root; or this cures sooner, a slight touch with aromatic vinegar every day, once only each time.

SORE FEET.

Take a teaspoonful of stomach bitters three times a day, in hot water; bathe in two ounces of white mustard and water twice a day, and a vapour bath every third day; if the third bath does not effect a cure, take an emetic of lobelia, and follow it up with bitters.

CORNS.

Apply the tincture of iodine with a camel hair brush, after paring the corn, twice a week; touch the corn only, and it will soon cure. Or the following: Aromatic acetic acid the same way, and in one week soft or hard corns will disappear.

A CURE FOR WHOOPING COUGH.

One drachm of carbonate of potash, 1 scruple of cochineal, 8 ounces of boiling water. The dose is a teaspoonful three times a day.

PILE POWDER.

Witch Hazel, 1 oz. ; Poplar Bark, 1 oz., Crane's Bill, 1 oz., Senna, 1 oz., Black Pepper, $\frac{1}{2}$ oz., Aniseed, $\frac{1}{2}$ oz. Mix well. This is a valuable compound, both for outward and bleeding Piles.

FOR QUINSY AND SORE THROAT.

Camphorated Oil, $1\frac{1}{2}$ ozs., Tereb, $\frac{3}{4}$ oz., Chlof., $\frac{3}{4}$ oz. Put in a three oz. bottle. Saturate a flannel with it, and apply to the throat.

SKIN DISEASES OR POOR BLOOD.

Burdock Root, 2 ozs., Yellowdock Root, 1 oz., Hops, $\frac{1}{2}$ oz., Sarsaparilla, $\frac{1}{2}$ oz. (Jamaica). Simmer all together in three pints of water down to two ; when cold, strain.

Dose.—Wineglassful three or four times a day.

ELLIMAN'S EMBROCATION.

Approximate Formula.

Crud Pyroligneous Acid 20 ounces, Methylated Spirits 24 ounces, Water 24 ounces, Turpentine $3\frac{1}{4}$ ounces ; add one egg. This recipe is worth far more than 10s. Elliman's price runs as high as 22s. per jar. You can make a 4 ounce bottle for a

few pence. You are free to make or sell it, but you must not use Elliman's name on your bottles. You can make pounds by selling to athletes and horse owners alone.

COUGH MEDICINE.

One Pennyworth of Paregoric Elixir, one pennyworth of Syrup of Tolu, one pennyworth of Tincture of Benzoin, one pennyworth of compound Lavender. One teaspoonful in half wine-glassful of water three or four times a day, or when the cough is troublesome. One of the best cough mixtures known.

TO CURE MANGE IN DOGS.

One pennyworth of Turpentine, one pennyworth of Black Sulphur, one pennyworth of Train Oil. Mix and rub well on dog's skin.





Useful Recipes.

COLD CREAM.

Here is a recipe for cold cream for people who prefer to make their own. Pure white wax, one ounce ; spermaceti, two ounces ; almond oil, one pint. Melt and mix well together, beat in twelve drops of attar of rose, and three ounces of honey. Put in jars and cover securely ; it will keep for a long time.

RAIN SPOTS ON A LIGHT FELT HAT.

can be removed by sprinkling the hat well over with fuller's earth. Rub sharply with a piece of soft white flannel ; sprinkle again, and leave it for four days. Then brush with a soft hat-brush, and you will find the spots have disappeared.

TO RENDER SHOES WATERPROOF.

Warm a little beeswax and mutton suet until it is liquid, and rub some of it slightly over the edges of the sole where the stitches are. You will find your shoes or boots are then quite waterproof.

A GOOD WAY TO PREVENT

lamp glasses from cracking is to put them in cold water, bring it to the boil, and let it cool gently.

HOARSENESS.

Rub the soles of the feet before the fire with garlick and lard, well beaten together, over night ; the hoarseness will be gone next morning.

BRILLIANT SELF-SHINING STOVE POLISH.

Take plumbago (black lead) finely pulverised, use a damp woollen rag, dip in the powder and apply to the stove, then polish with a dry cloth, and a most beautiful polish will appear.

TO PREVENT WINDOWS FROM STEAMING.

Clean the glass occasionally with a cloth moistened with pure glycerine, wiping it so as to leave only a trace of the glycerine adhering to the surface, this on the inside.

TICKET WRITERS' INK.

Dissolve 1 oz. gum arabic in 6 ozs. water ; strain. This is the mucilage. For a black colour use drop black, powdered and ground with the mucilage to extreme fineness. For blue use ultramine ; for green, emerald green ; for white, flake white ; for red, vermillion, lake, or carmine ; for yellow, chrome yellow.

PIMPLES.

For the removal there is nothing better than a solution of salicylate of soda ; a teaspoonful of the powder dissolved in a 3 oz. vial of water. Use as a lotion.

INDELIBLE INK.

Add a little nitrate of silver to ordinary writing ink.

SQUIBB'S CHOLERA MIXTURE.

(Known also as **Perry Davis's Pain Killer**).

Take a tincture of opium, spirits of camphor, and tincture of capsicum, each 1 fluid oz. ; chloroform 3 fluid drs., and sufficient alcohol to make the whole measure 5 fluid ozs. Dose for persons over 18 years of age, 1 teaspoonful, 14 to 18 years, a small teaspoonful, 10 to 14 years, $\frac{1}{2}$ a teaspoonful, 6 to 10 years, 30 drops, 2 to 6 years, 10 to 30 drops, infants, 1 to 10 drops according to age.

A CURE FOR DIARRHŒA.

By Dr. Kerr, of Edinburgh.

Tincture of opium, capsicum, and peppermint mixed in equal parts. From 10 to 20 drops to be taken in 3 or 4 teaspoonfuls of water. Cheaper and much more effectual than brandy.

LOTION FOR WEAK AND SORE EYES.

Take one quart of rosewater, add two teaspoonfuls each of spirits of camphor and laudanum ; mix and bottle. To be shaken and applied to the eyes when necessary—perfectly harmless.

THE LIGHTNING INK ERASER.

Take chloride of lime 1lb., allow it to stand 24 hours in 4 quarts of soft water, strain and add one teaspoonful acetic acid (No. 8 commercial) to each ounce of lime water. Apply this to a blot or mistake and it will remove it instantly, and leave the paper as clean to write upon as it was before the blot or mistake was made.

SILVER PLATING FLUID.

Take one oz. precipitate of silver to $\frac{1}{2}$ oz. cyanite of potash, and $\frac{1}{4}$ oz. of hyposulphate of soda. Put all in a quart of water, add a little whiting, and shake before using, apply with a soft rag. This secret is worth £20 to an agent to sell to families.

RUBBER STAMP INK.

Dissolve $\frac{1}{2}$ oz. analine in 8 ozs. boiling water, add one teaspoonful of glycerine.

HORTICULTURAL INK.

Copper 1 part, dissolve in nitrate acid 10 parts, add water 10 parts. Used to write on zinc or tin labels.

TO MAKE A LIGHT WITHOUT MATCHES.

Dip a piece of wood or paper in turpentine, put a bit of chlorate of potash on it and a drop of vitrol, and see the effect.

TO ENGRAVE ON COPPER, BRASS, Etc.

Give the article a coat of wax and write with a nail or a skewer, get one pennyworth of bluestone and a little salt and mix them together, dissolve it with a drop of water, and rub it on the article to be engraved, let it remain a little time and the engraving will appear.

Dissolve shellac in alcohol to keep in solution.

SECRET INK.

Lemon Juice, although invisible, becomes black when the writing is held to the fire.

COMMERCIAL WRITING INK.

Galls. 1 oz., gum $\frac{1}{2}$ oz., cloves $\frac{1}{2}$ oz., sulphate of iron $\frac{1}{2}$ oz., water 8 oz. Digest by frequent shaking till it has sufficient colour. This is a good durable ink, and will bear diluting.

TO STOP A CUT FROM BLEEDING.

Apply wet tea-leaves to a fresh cut and they will stop the bleeding, or apply a paste made of flour and vinegar.

TO TAKE INK FROM LINEN.

Procure some salts of lemon, have a basin of boiling water, over it stand a pewter plate, and on it put the stained part of the quilt, wet the spot with boiling water, and with a spoon rub a little salts of lemon on to it, let it soak a few minutes, and rub with the back of the spoon, rinse in tepid water before setting it to dry.



THIS BOOK RECOMMENDS ITSELF.

PROVED TO BE

Worth More

THAN

Its Weight in Gold



**A Book that gives universal satisfaction
for its invaluable information in a concise
form which saves endless expense in
every home.**



D. SLATER,

117, Handsworth Road, Blackpool.